

Jobs teens CANNOT do:

14 and 15 year-olds CANNOT:

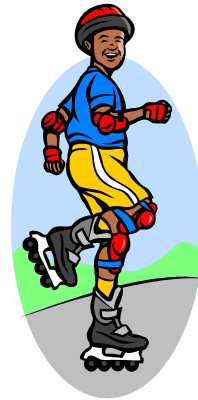
- Work in manufacturing, mining, logging, communications or public utilities, construction, railroad, or warehousing and storage or processing industries.
- Load or unload trucks or conveyors.
- Operate or assist with hoisting apparatus or any power-driven machinery other than office machines.
- Do work while elevated above floor level. No standing on a window sill, ladder, scaffold or similar equipment.
- Operate motor vehicles or service vehicles.
- Work around poisonous chemicals.

16 and 17 year-olds CANNOT:

- Work in logging, sawmills, meatpacking, mining, roofing, or excavation operations.
- Operate power-driven woodworking machines.
- Work in the manufacturing of brick or tile.
- Ride on power-driven open elevators and other hoisting devices.

THE ONLY GREAT JOB IS A SAFE JOB

Getting hurt at work can keep you from doing the things you love.



Arkansas Department of Labor

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Mike Beebe, Governor
James L. Salkeld, Director of Labor

For information about age restrictions or hour restrictions for teenagers, call the Employment Standards Division at 501-682-4501

UB Safe

IN
**OUTDOOR
JOBS**



Here are some things you can do to keep from getting hurt at work...

- 1) Know and follow all the safety rules and work procedures --- they're there because someone has already been hurt doing that.
- 2) Use all work equipment and safety equipment correctly --- ask your supervisor if you have any questions.
- 3) Know what to do in emergency situations.
- 4) If it looks unsafe or dangerous, it probably is! Don't mess with it!
- 5) Don't do any jobs or use any equipment you haven't been trained to perform or use.



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Hazard	How to B Safe
Falls	When you're working, walk, don't run. Don't jump up on or off of elevated areas. Always watch where you are going...the ground can hide many hazards. Don't carry things in front of your face...so you can't see where you're going. Never work more than 4 feet off the ground.
Violent Crimes	Don't work alone or isolated from others.
Back Injuries	Don't try to pick up heavy, awkward, or bulky things by yourself...use the buddy system. Don't bend over at the waist or twist when lifting.
Chemical Hazards	Don't use any chemicals until you have been trained in their safe use. Don't use different chemicals at the same time or mix chemicals together.
Bloodborne Diseases	Don't touch someone else's blood or any needles you find. Only people who are trained in bloodborne pathogens and proper procedures can clean up blood.
Electrocution	Don't operate any equipment unless you're authorized to use it! Don't try to clean any equipment unless it has been disconnected from its power supply!
Traffic	Watch for traffic when working close to any roadway, Always assume they don't see you.
Heat	Drink lots of water or electrolyte replacement drinks (not soda). Wear light-weight, loose-fitting, breathable clothing (like light cotton). Take short breaks in the shade.